

SaltyInspirations



Himalayan Crystal Salt – Masterpiece of Nature...





Hussain Malik Anwaar, Founder of Khewra Salt, "King of Salt"

Welcome to Khewra Salt! We are a Pakistani-Polish partnership specializing in products made of Himalayan Salt - the purest salt on Earth. Himalayan salt was formed from the primordial ocean during a time of great tectonic pressure over 250 million years ago and has perfect, crystal structure. Thanks to this structure, the 84 minerals and trace elements contained in our salt are easily absorbed by human body.

We are a shareholder of the second largest salt mine in the world — Khewra Salt Mine, as well as we have our own small salt mine. Our mission is to share this treasure of the Earth with the whole world. Our manufacture is located at the heart of the world's famous Himalyan salt range — Karakoram, few hundred yards from Khewra Salt Mine. It is here that our skilled craftsmen make all the beautiful salt lamps in various shapes, tealight holders, massage stones, salt soaps, bricks and as well as our unique saltware.

Moreover, Khewra Salt offers microclimate salt caves and exclusive salt saunas. We cooperate with Polish pioneer in the construction of salt caves and saunas from Poland – the cradle of halotherapy. It is in Poland, in the biggest salt mine in the world located in Wieliczka, that asthma, allergies as well as respiratory ailments have been treated for ages in the underground health resort.

Combining the technology invented and patented by Zendar company, our partner, with the highest quality, organic, natural Himalayan salt supplied by our company, together we create unique salt caves and saunas all over the world. We provide comprehensive services, starting with design project by renowned architects, through support in selecting the best location, supplying all building materials, professional construction of the cave or sauna, to exhaustive training in cave maintenance as well as tutorials on physiotherapy to be performed in salt microclimate, developed by doctors in Wieliczka salt mine.



In addition, we offer our own exclusive line of body care products based on Himalayan salt. The cosmetics are manufactured in Poland from natural ingredients, which besides our salt include: Shea butter, argan oil, goat milk, essential oils, flower petals and dried fruit. Our bath salt, crème gel, salt scrubs and body butter have rejuvenating and deeply nourishing properties.

Kids and other lovers of sweets are offered tasty candies in sixteen tastes, including: eucalyptus, anise, with liquorice, elderberry, cola and chilli. 5% brine gives them interesting, little salty taste.

The motto of Khewra Salt is — "The Salt of the Earth" — and carries two meanings. One is the literal one as we offer salt straight from the foothills of Himalayas. The other one is "those of great worth and reliability". We invite you to enter cooperation with our company and you will surely discover great benefits of our mutual business and your customers will be delighted with the charm and health qualities of our products.

Convinced that human being is more important than profit, in Khewra Salt we apply Fair Trade standards. Moreover 10% of our profit is donated for the needs of widows and orphans in Punjab, Pakistan. Therefore when you buy Khewra Salt products, you not only have the supreme quality guaranteed but you also support entrepreneurs in a developing country as well as you help the needy.



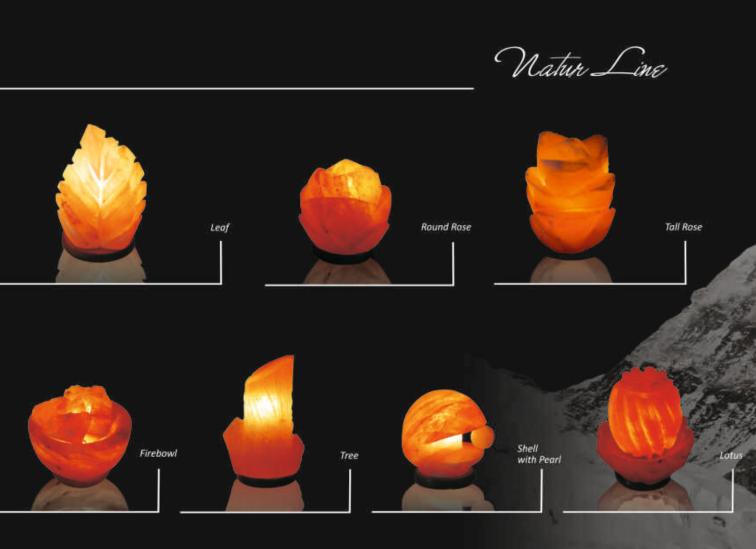


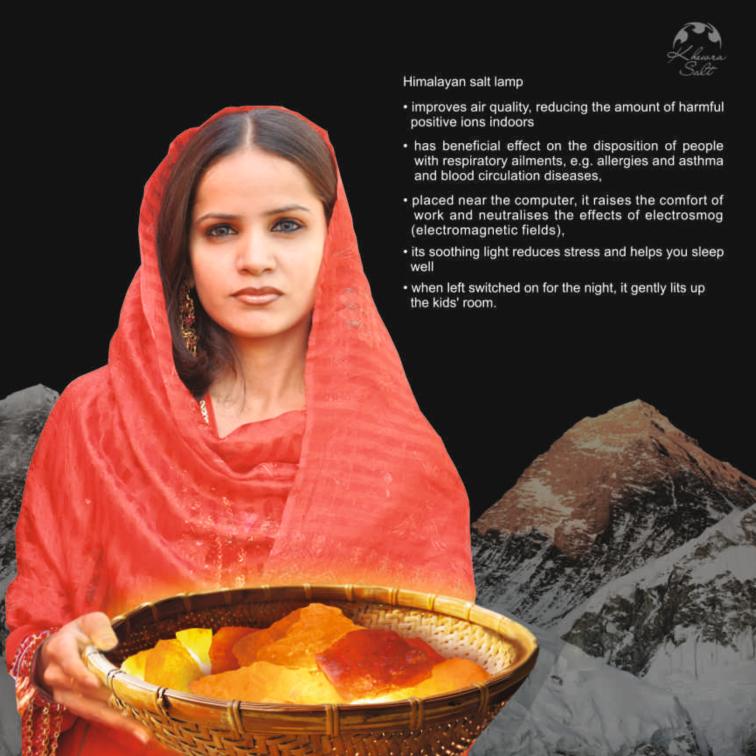
Natural Lamps



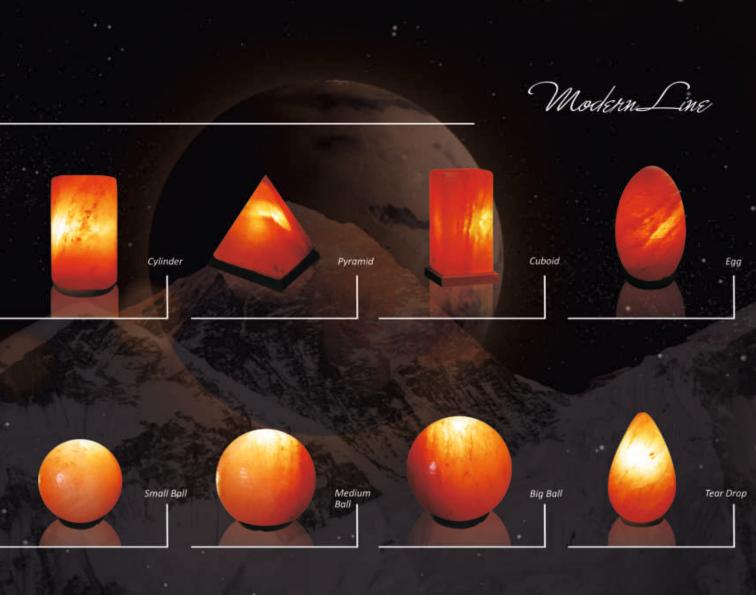






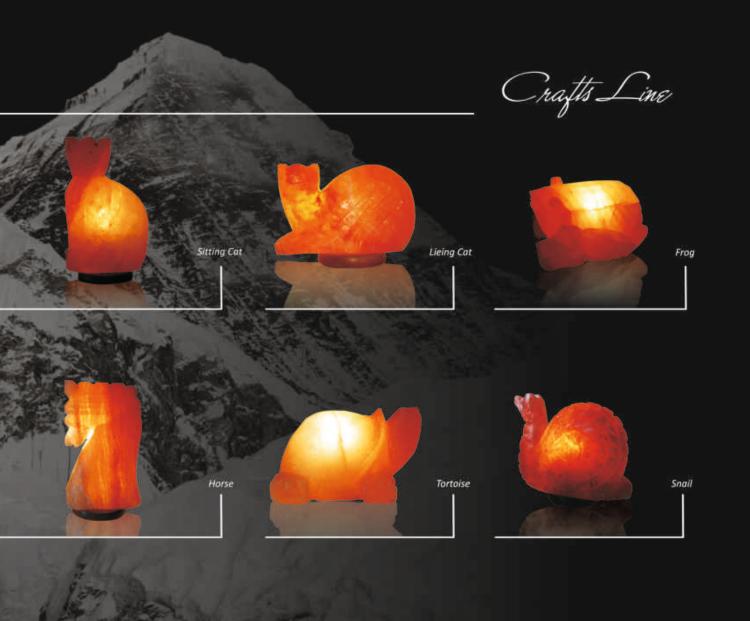




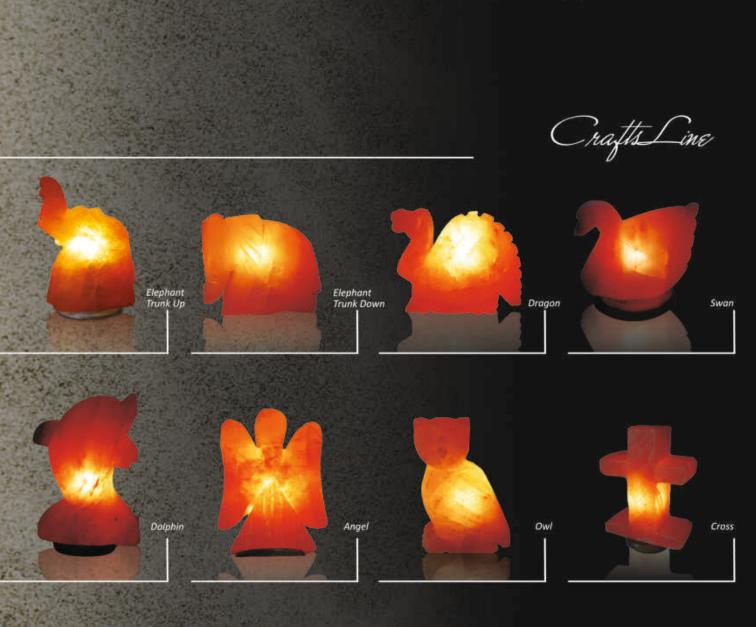






















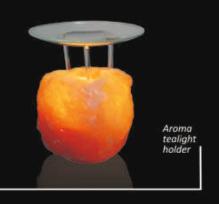








Tealight Holders







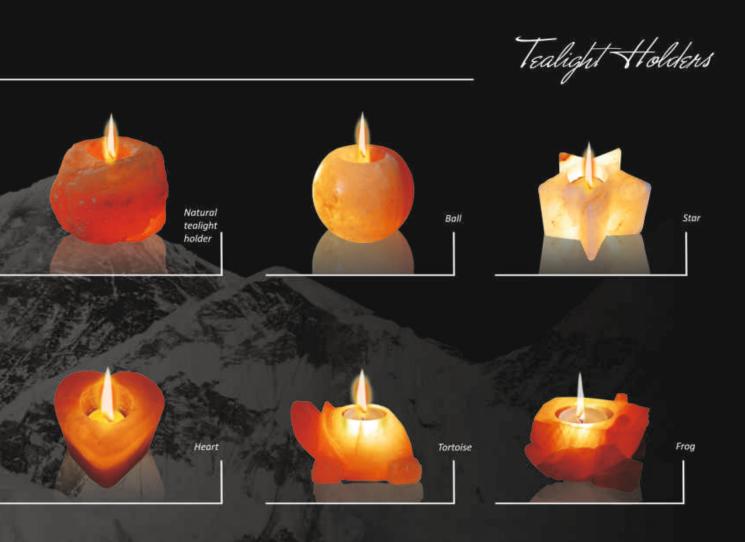




















Khewra Salt microclimate salt cave

- carefully selected red Himalayan salt from Khewra Salt Mine in Pakistan
- · bromine-iodine brine from Ciechocinek, Poland
- patented technology based on natural ingredients beneficial to the health
- unique design of each cave prepared by distinguished architects
- · professional training in cave maintenance

The primary purpose of a salt cave are halotherapy sessions, however, a Khewra Salt cave has many other uses:

- · physiotherapy sessions
- therapeutic and relaxation massages
- photography sessions (wedding, artistic styling, calendars, etc.)
- private concerts
- poetry readings
- · birthday parties for kids
- exhibitions of art, jewellery, minerals, etc.





Salt Caves



In view of the increasing health awareness and healthy lifestyle in the society, Khewra Salt, in cooperation with a Polish leader in the construction of salt caves and saunas, offers you a microclimate salt cave - a haven of crystal-pure air saturated with salt particles. An excellent choice in big polluted cities, with so few places in which one could relax, rest and be helped in getting rid of many diseases, and for spas, which would like to expand their offer with therapeutic and recreational offer. In our dreamlike caves you find charming cosy atmosphere and juicy seaside microclimate, which has soothing effect on your mind and body.



The research into microclimate of salt caves shows that the concentration of microelements in salt caves is much higher than at the seaside. It was estimated that one 45-minute session in a salt cave is equivalent to three days spent at the seaside during a storm. The walls of a salt cave are stoned with salt chunks from Khewra Salt Mine weighing from 10 to 12 tons. The ceiling is made of plaster-cardboard panels, sprayed with salt formed into stalactites. The floor is covered with coarse pink Himalayan salt. Inside the cave, air-condition and ventilation systems of leading brands is installed.

These devices ensure proper humidity, temperature and air circulation, thanks to which special microclimate is created inside the cave, identical to the climate found at the seaside. Each salt cave is equipped with air intake openings, overlaid with natural wood of high artistic and aesthetical qualities. Soundproof door leads to the cave. This door can be stylised to look like old door to the mine. Each cave is equipped with graduation towers made of natural twigs and water cascades fitted with JEET 1500 pump, pumping the brine from various types of therapeutic salt. Upon our clients' request, we install ionisers, sound systems and computer systems.



Construction materials and equipment for salt rooms



brick 8" x 4" x 1" (20 cm x 10 cm x 2,5 cm)*



brick 8" x 4" x 2" (20 cm x 10 cm x 5 cm)



one side natural brick 8" x 4" x 1,5" (20 cm x 10 cm x 4,5 cm)





relaxation chair



coarse himalayan salt

^{*} We present a few examples of salt bricks for the construction of salt rooms, salt caves and salt saunas.

However, please kindly note that we will be happy to make any shape and size of a salt brick or block, according to customer's requirement.





SaltSaunas



Khewra Salt offers the only in the world exclusive salt sauna, which is the combination of the qualities of Finnish sauna with excellent properties of Himalayan salt. The temperature in the sauna, in a controlled way and intensively, changes from very high to very low. High temperature enlarges pores, makes you sweat out all toxins, cleans skin from grease, fights seborrhea and removes dead cells. Thanks to the high concentration of Himalayan salt particles and hot steam, salt sauna is particularly beneficial in treating respiratory diseases, such bronchitis or inflammation of sinuses. In a sauna, you breathe faster and deeper, so it is good to inhale essential oils, which are much more effective here. In addition, high temperature brings relief to strained muscles and in rheumatic pain and lumbago. Sauna stimulates blood circulation, which makes skin more oxygenated, firm, toned and lets it regain its natural colours. After a session in sauna, the skin begins to "breathe", which in turn facilitates absorption of various nourishing and moisturising cosmetics. We recommend a body butter with Shea butter, Himalayan brine and nourishing oils from the exclusive "Juicy Orange" line from Khewra Salt. A salt sauna is a perfect place for rest, health care and beauty treatments. It also is a perfect alternative for people who do not fancy crowded clubs, shopping centres or smoke-filled cafés and restaurants, but rather look for a place for recreation and regeneration. A small room is enough for salt sauna installation so our clients include not only spa centres and hotels, but small guesthouses and private houses, as well.





Graduation Towers





Graduation towers used to be built in the form of long several-storey high and even a few hundred meter long structures. The inside of the wooden structure is filled with blackthorn twigs, on which falls brine. Usually, under the tower there is a pool for collecting the brine. The purpose of the whole process is achieving at least 16% (maximum 27%) solution of NaCl in water. The graduation process largely depends on the weather. During a sunny and windy day, evaporation is more intensive, which yields better effects, whilst on rainy and foggy days, there is almost no graduation. On rainy and foggy days and at night, the flow of brine is discontinued. Graduation towers became a place for inhalations in the atmosphere of specific spray. The microclimate around graduation towers is used in the prevention and treatment of upper respiratory duct diseases, inflammation of sinuses, emphysema, arterial hypertension, allergies, psychosomatic disorder and overall exhaustion. We complete investments according to customised and unique projects of our clients. We will also manage the area surrounding the graduation tower.





Himalayan SPA

Massage stones





Massage balls

Massage with salt balls is an innovative technique of massage developed by a renowned Polish physiotherapist. It:

- perfectly relaxes, restores vital strengths and reduces muscle and joint fatigue
- nourishes skin providing it with 84 trace elements,
- restores proper skin firmness, strengthens its structure, preventing skin laxity
- scrubs and detoxifies
- stimulates blood system and lymphatic system
- is exceptionally effective in fighting cellulite and stretch marks
- reduces tiredness and stress

Depending on the desired effect, balls can be warmed or used cold. Massage with warm balls with the addition of orange-cinnamon oil relaxes, warms up and relaxes – best in autumn and winter. Warm salt stones stimulate blood circulation, which brings more blood to the cells and more oxygen to the skin.

Massage using deep cooled balls with the use of energising pine or eucalyptus oil improves physical fitness and supplements sports exercises, firms up muscles and improves blood circulation.

Massage disks

We recommend massage with warm salt disks to everyone. The healthy will gain relaxation, whilst the sick - relief in pain. It relieves tense muscles and joints and facilitates their regeneration. It improves metabolism, through purging the body of toxic substances. It lets you get rid of stress. It guarantees physical and spiritual balance, good moods, it soothes nerves. It also has beneficial effect on our appearance - after a few treatments, we will see significant improvement of skin condition. It is good to undergo a therapy, in particular if you suffer from pain in joints, neck or spine. Salt disks can also be used in aromatherapy massage with the use of a mixture of oils requested by the Guest. Massage with salt disks and balls can be supplemented with other Himalayan salt treatments, firming and modelling Khewra Salt peeling with essential oils from one of the two exclusive lines by Khewra Salt - orange or rose, a relaxing bath with Himalayan salt, goat milk and crushed raspberries or application of nourishing body butter with Shea butter and Himalayan brine.



Himalayan SPA

Salt soap & bath salt





Salt soap

Salt soap from Himalayan salt crystals has been used for ages as a natural and valued cosmetic. It nourishes the skin with 84 minerals contained in himalayan salt, perfectly exfoliates, reduces cellulitis, making skin smooth and clean. It improves the condition and overall appearance of skin and disposition by removing dead epidermis, clearing skin pores, killing bacteria and removing toxins. Gentle massage with salt soap will improve blood circulation, reduce stress, tiredness, muscle pain and arthritis.

Himalayan bath salt

- perfectly cleanses, moisturises and smoothens dry skin
- restores vitality to fatigued skin
- strengthens small blood vessels
- regulates acid-base balance of skin
- improves blood circulation
- improves immune system's response to infection
- eliminates edema and protects skin from free radicals
- smoothens and firms the skin
- eliminates cellulitis and prevents its recurrence, at the same time facilitates slimming
- accelerates body fat decomposition
- effectively removes all toxins from the organism
- reduces rheumatic pain and muscle tension
- facilitates the tissue drainage process
- supports the treatment of skin diseases (among others, psoriasis, eczema, acne)
- relaxes muscles and whole body and mind



Himalayan SPA

Cheura Salt body care products -sose & marzipan line



Bath ball rose





peeling – rose and marzipan





Himalayan bath salt with goat milk and crushed raspberries





Himalayan SPA

Cheura salt body care products -orange line



Bath ball orange



Himalayan bath salt orange& coconut



Body peeling -orange& coconut



Himalayan body butter juicy orange 100 ml



Himalayan body butter juicy orange 50 ml





Khewra Salt's exclusive body care products are produced in Poland, based on our Himalayan salt and natural fruit extracts, oils and herbs with Eco-certificates.

Body peeling with Shea butter and oils - orange and coconut—salt and sugar body peeling gently massages, exfoliates the skin, stimulates microcirculation. The oils reduce irritation, tone, smoothen and firm skin, rejuvenate, moisturise and regenerate. Peeling gently emolliates and rebuilds natural lipid protection of the skin.

Himalayan body butter - juicy orange - thanks to high content of Shea butter smoothens, nourishes and deeply moisturises the skin. Himalayan brine is the source of 84 beneficial minerals and has antiseptic and regenerative properties. Algae extract and argan oil have revitalising properties and reduce skin irritation. The oils contain Omega 3, 6 and 9 fatty acids, lecithin and palmitoleic acid, which regenerate skin and reinforce its protective barrier.

Body cream - gel with Himalayan brine and oils - effectively cleans skin. Jojoba and avocado oils intensively moisturises skin and assists in the natural skin resurfacing process and in restoring its hydro-lipid barrier. The cream leaves pleasant orange scent on your skin.

100% natural Himalayan bath salt with orange oil and coconuttraditionally used for centuries in regenerative and detoxicating therapeutic baths and in the form of brine in medical treatments (e.g. in skin irritation and diseases, infections, rheumatism). Orange oil envelops your body in beautiful, fresh orange scent, giving the skin silky smoothness and shine.

Bath ball – orange - fizzy bath ball with orange peel, which transforms your bath into home spa, leaving an intensive aroma for a long time.

Body peeling with Shea butter and oils – rose and marzipan – thanks to the combination of salt and sugar crystals with rose petals and almond flakes, the peeling perfectly exfoliates the skin, detoxifies and restores skin's firmness, shine, healthy colour and freshness. Shea Butter (with Ecocert certificate) is the source of vitamins A, E, F, it firms the skin and strengthens its hydro-lipid barrier.Grape oil, soya oil and sweet almonds oil have nutritive, intensively antioxidant, deeply moisturising and regenerating properties.

100% natural Himaloyan bath salt with rose and marzipan - Himaloyan salt stimulates microcirculation, bringing more oxygen to skin, stimulating burning of fat tissue, disinfects, refreshes, relaxes, reduces stress and fatigue. Rose essential oil (Rosa Gallica) deeply moisturises and tonifies, reduces irritation, gives shine to fatigued complexion.

Bath ball with rose petals produced from natural ingredients with the addition of essential oils and Shea butter – perfectly nourishes dry and fatigued skin.

100% natural Himalayan bath salt with goat milk and crushed raspberries goat milk contains proteins, which have beneficial effect on collagen in skin, delaying the effects of aging.





Himalayan pink salt



Himalayan pink salt

- the purest salt on Earth
- 100% natural salt hand mined in Karakoram Range, Pakistan
- contains 84 minerals and trace elements necessary for life – among others, magnesium, potassium, calcium, zinc, manganese, copper, iron, chromium, iodine, selenium, easily absorbed by human body
- helps restore acid/alkaline balance in your blood and organs
- supports cellular regeneration
- helps maintain the bodily energy balance
- healthy replacement for refined table and cooking salt
- perfect seasoning for meat dishes, fish and vegetables
- our salt has certificate of National Insitute of Health, Islamabad







Himalayan table salt

















Grinders with salt and spices



Grinder with pink himalayan salt



Grinder with himaloyan salt and black pepper



Grinder with himoloyan salt and multicolour pepper



Grinder with himalayan salt and chilli



Grinder with himalayan salt and garlic



Grinder with himalayan salt and Herbes the Provance



Grinder with crystal himalayan salt - halite









Khewra Salt offers a variety of kitchware made entirely or solid himalayan crystal salt. Our salt thin tiles are perfect for fancy serving of sushi, vegetable dishes, all kinds of starters. Thick tils are best for grilling and roasting of thin-sliced meat, frutti di mare and vegetables. In salt bowl one can serve all kinds of salad but also fruit dishes and salt shot glasses are best for tequila. Saltware is not only one of the most curios and spectacular type of dishes in the world but very handy and healthy also. It gives the dishes an exquisite, slightly salty, taste and enrich them with minerals necessary for human body. It are very easy to use - after the dish, simply wipe them with a damp cloth or quickly rinse under the tap and dry out. They do not require the use of any detergents, because salt has natural antibacterial and antifungal properties.

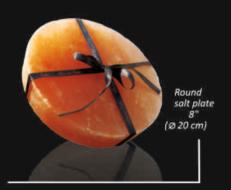




Sattware















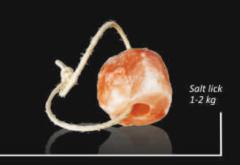
Cooking tile 8"x4"x1" (20x10x1,5 cm)





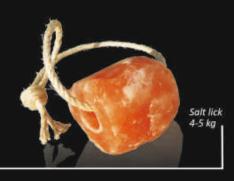
Salt licks

Cnimal salt licks









In Khewra Salt we did not forget about the wealth of minerals for animals. This 100% natural salt licks are made entirely from pink Himalayan Crystal Salt. This is exactly the same as the salt lamps and tea lights we also sell. It's also identical to pink Himalayan Crystal Salt for human consumption. It comes with a hole drilled through the centre of the block and a rope to tie it to a fence post or a tree. Best that you can give to wildlife, pets and all farm animals as they supplement mineral deficiencies. There is no risk of animals consuming too much salt, as they will lick them to get only the amount they need, and then they will stop licking until they need more minerals to balance their diet. It is thanks to the fact that our salt licks have neither been baked to lose minerals and nutrients, nor processed in any other way, apart from hammering to give it handy shape and drilling a hole for rope, and also contain no additives or flavours which could encourage greediness. Another great advantage of Khewra Salt animal salt licks is the fact that they are made of solid rock salt which is not too easily bitten. It would be very hard for a horse or other animal to bite chunks of the block. We present few examples of our salt licks sizes, however we can produce any size of our customer's choice. Treat your horses, ponies, cats, dogs and other animals with the purest and healthiest salt on Earth - the Himalayan pink salt!





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